

Clinical management of Molar Hypomin

Taken from: V William et al., 2006, Paediatric Dent., 28, 224-232

Table 2. A Clinical Management Approach for Permanent First Molars Affected by Molar Incisor Hypomineralization	
Steps	Recommended procedures
Risk identification	Assess medical history for putative etiological factors
Early diagnosis	Examine at-risk molars on radiographs if available
	Monitor these teeth during eruption
Remineralization and desensitization	Apply localized topical fluoride
Prevention of dental caries and post-eruption breakdown (PEB)	Institute thorough oral hygiene home care program
	Reduce cariogenicity and erosivity of diet
	Place pit and fissure sealants
Restorations or extractions	Place intracoronal (resin composite) bonded with a self-etching primer adhesive or extracoronal restorations (stainless steel crowns)
	Consider orthodontic outcomes post-extraction
Maintenance	Monitor margins of restorations for PEB
	Consider full coronal coverage restorations in the long term